

Back to the future

Professor Andrew Davies



Professor Andrew Davies was appointed Professor of Palliative Medicine at Trinity College Dublin, University College Dublin, and Our Lady's Hospice & Care Services (Dublin) in 2021. He also holds an academic appointment at the University of Surrey (Guildford). He is Consultant in Palliative Medicine at Our Lady's Hospice & Care Services, and an Honorary Consultant in Palliative Medicine at St James's Hospital.

He grew up in Swansea (Wales), and his undergraduate medical training was at St George's Hospital Medical School (University of

London). After completing postgraduate general medical training (MRCP UK), he commenced specialist training in Clinical Oncology (in London), before switching to specialist training in Palliative Medicine (in London & Surrey). During specialist training he completed a MSc in Palliative Medicine at the University of Bristol, and a MD at the University of London.

His previous appointments include McAlpine Macmillan Consultant Senior Lecturer in Palliative Medicine at the University of Bristol (and Honorary Consultant in Palliative Medicine at the Bristol Haematology and Oncology Centre), Consultant in Palliative Medicine at the Royal Marsden Hospital (and Honorary Clinical Senior Lecturer at Imperial College London), and Consultant in Palliative Medicine at the Royal Surrey County Hospital / St. Luke's Cancer Centre (and Visiting Reader at the University of Surrey).

Inaugural lectures provide newly appointed professors with the opportunity to showcase their academic activity to the College community and members of the public. An inaugural lecture is a significan event in an academic staff member's career. At Trinity College, inaugural lectures are a ceremonial occasion, which is why academic robes are won by the inaugural professor and the rest of the platform party.

He leads the Academic Department of Palliative Medicine (ADPM), which is based in the Education and Research Centre at Our Lady's Hospice & Care Services (Harold's Cross), and which is a collaboration between TCD, UCD and the Hospice. Currently, the ADPM has 1 postdoctoral researcher, 5 PhD students, 3 MD students, 3 research nurses and 1 administrator. Clinical studies are conducted at the Hospice (inpatients, outpatients), and also at St. James's Hospital (and going forward other teaching hospitals within Dublin).

His main research interests are pain and symptom control in patients with cancer, and end-of-life care in all groups of patients. Current projects involve rest-activity circadian rhythm disorders, remote monitoring of patients (PROMs and vital signs), xerostomia, taste disturbance, sleep disturbance, cancer-related anorexia / weight loss, opioid-induced constipation, and symptom control in "cancer survivors". He is the Chief Investigator on the NIHR-funded CHELsea II study, which is a cluster randomised trial of clinically-assisted hydration in the last days of life (1600 patients, 80 sites), and the Principal Investigator for Ireland on the Horizon Europe-funded EU-Navigate study, which is a randomised controlled trial of volunteer "navigators" to support older cancer patients.

Prof Davies is a Fellow of the Royal College of Physicians of London, and served on the RCP Council and the Joint Specialty Committee for Palliative Medicine, and was the Chief Examiner for the SCE in Palliative Medicine. He is the Immediate Past President of the Multinational Association of Supportive Care in Cancer, and other posts that he has held include Co-Chair of the Survivorship and Quality of Life Network of the European Cancer Organisation, President of the Association for Palliative Medicine of Great Britain and Ireland, and President of the Section of Palliative Medicine of the Royal Society of Medicine.

He lives with his wife Louise, and their Irish "third child" (Lily - Cavachon) in Howth. The two English / Welsh children (Chloe and Ben) are in the UK, but come over regularly to sample the Dublin nightlife.

